

# Relationships and Sexuality References and Resources

*For Young Adults 18+, Note: Many resources available on Amazon.com, Favorites are in red*

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## Youth with Physical Differences

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- Ducharme, S.H., & Gill, K.M. (1997). **Sexuality After Spinal Cord Injury: Answers to Your Questions**. Baltimore, MD: Paul H. Brookes Publishing Co., Inc. ISBN 1-55766-265-7
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- Stanley, D.A. (2003). **Sexual Health Information for Teens**. Detroit, MI: Omnigraphics, Inc. ISBN 0-7808-0445-7
- **The Sex Ed Store**: Many resources for sex educators <http://www.sexedstore.com>
- Verheijden, J. & Wiegerink, D. **Can You Have Sex If You Have CP?** BOSK, Assoc. of People with Cerebral Palsy; P.O. Box 3359; NL-3502 GJ UTRECHT, the Netherlands T+31 (0)30 245 90 90; E-[info@boxk.nl](mailto:info@boxk.nl); W-<https://bosk.nl/>
- Wiegerink, D. (2010). **Romantic Relationships & Sexual Experiences of Adolescents and Young Adults with Cerebral Palsy**. Erasmus University, Optima grafische Communicatie, Rotterdam, The Netherlands. ISBN 978-90-8559-129-0

## Youth with Developmental, Intellectual and/or physical differences:

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- Couwenhoven, T. (2007). **Teaching Children with Down Syndrome about Their Bodies, Boundaries, and Sexuality**. Bethesda, MD: Woodbine House, Inc. ISBN 978-189062733-1
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- Meadours, J. (2006). **Healthy Relationships and Safe Sex**. (Available from Human Services Research Inst., 7420 SW Bridgeport Rd., Suite #210; Portland, OR 97224). Phone: (503) 924-3783 x10.
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- **Puberty Education for Students with Special Needs: A Girl's/Boy's Guide to Growing Up (DVD), A Girl's/Boy's Guide to Puberty and Personal Safety (DVD) & Parents/Guardians Handbook; Bullying Prevention** resources: Available from MarshMedia (1-800-821-3303) or [www.Marshmedia.com](http://www.Marshmedia.com) (some Spanish versions available)
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- Schwier, K.M., & Hingsburger, D. (2000). **Sexuality: Your Sons and Daughters with Intellectual Disabilities**. Baltimore, MD: Paul H. Brookes Publishing Co., Inc. ISBN 1-55766-428-5
- **Strong, Safe & Free** Curriculum for Teaching Safe Interaction & Healthy Relationships along with Self-Defense for Adults with Developmental Disabilities. Contact Elly Maloney, Self-Defense Program Coordinator, Sexual Assault Support Services. Phone: (541) 484-9791 x319 or [selfdefense@sass-lane.org](mailto:selfdefense@sass-lane.org)
- **The Sex Ed Store**: Many resources for sex educators <http://www.sexedstore.com>
- Vanderbilt Kennedy Center: LEND-Leadership Education in Neurodevelopmental Disabilities (2013). **Healthy Bodies Toolkit for Boys-A Parent's Guide on Puberty for Boys with Disabilities & Healthy Bodies Toolkit for Girls-A Parent's Guide on Puberty for Girls with Disabilities**. Free download-English & Spanish): <http://kc.vanderbilt.edu/healthybodies/> Phone: (615) 322-5658 or (866) 936-8852
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