

Relationships and Sexuality References and Resources

For Young Adults 18+, Note: Many resources available on Amazon.com, Favorites are in red

Updated AUG 2020-Susan Labhard, MSN, RN; Shriners Hospital for Children-Portland, Oregon **Please notify slabhard@shrinenet.org of any changes.

Sexuality Resources

- **AIDS Hotline: (1-800) CDC-INFO or (1-800) 232-4636** (Resource for questions related to HIV & AIDS prevention).
- **American Association of Sexuality Educators, Counselors, and Therapists (AASECT):** P.O. Box 1960, Ashland, VA 23005-1960. Phone: (804) 752-0026. www.aasect.org (lists counselors by state or country—and info on gay, transgender issues, etc.).
- **Condom Resources/Information:** www.condomave.com; www.goaskalice.columbia.edu
- **Good Vibrations:** 1210 Valencia Street, San Francisco, CA 94110. Phone: 1-800-289-8423 (e-mail: www.goodvibes.com). "Retail store & sex product catalog with a classy touch" per: Kroll & Klein.
- **Int'l Professional Surrogates Association:** <http://surrogatetherapy.org/referrals-2/>
- **National Child Abuse Hotline:** Phone: **Child Help: 1-800-4-A-CHILD.**
- **National Coalition to Support Sexuality Education (NCSSE).** c/o SIECUS, 1706 R Street, NW, Washington, DC 20009. Phone (202) 265-2405. www.ncsse.org.
- **National Dissemination Center for Children with Disabilities (NICHCY).** Box 1492, Washington, DC 20013. Phone 1-800-695-0285. www.nichcy.org.
- **National Sexual Assault Hotline:** Phone: **1-800-656-HOPE.**
- **National Spinal Cord Injury Association:** 245 Concord Avenue, Suite 29, Cambridge, MA 02138. Phone: 617-441-8500.
- **National Spinal Cord Injury Hotline:** <http://www.scihotline.org/> Phone: 1-800-962-9629.
- **New Mobility:** United Spinal Association Phone: 1-800-404-2898 (e-mail: www.newmobility.com). Information on disability lifestyle, culture & resources (i.e., bimonthly column on sexuality and the magazine's annual "Sex, Wheels & Relationships" issue). Contact the New Mobility Bookstore for Sexuality After Spinal Cord Injury and Women With Physical Disabilities plus other references on sexuality.
- **Our Whole Lives (OWL):** Lifespan sexuality curricula published by the Unitarian Universalist Assoc., & United Church of Christ. Grades 7-9 (Unit 2) has section on sexuality & disability. https://www.uua.org/sites/live-new.uua.org/files/documents/owl/owlflyer_7-9.pdf
- **Parent Advocacy Coalition for Educational Rights (PACER Center, Inc.):** 8161 Normandale Blvd., Minneapolis, MN 55437. Phone: (952) 838-9000. www.pacer.org.
- **Planned Parenthood:** Nat'l Headquarters, 810 7th Avenue, New York, NY 10019. Phone: 1-800-829-7732 or **1-800-230-PLAN** (Local Info. consult the Telephone Directory "Business" section).
- **Puberty Education for Students with Special Needs: A Girl's/Boy's Guide to Growing Up (DVD), A Girl's/Boy's Guide to Puberty and Personal Safety (DVD) & Parents/Guardians Handbook; Bullying Prevention** resources: Available from MarshMedia (1-800-821-3303) or www.Marshmedia.com (some Spanish versions available)
- **Sex Information and Education Counsel of the United States (SIECUS):** 130 West 42nd Street, Suite 350, New York, New York 10036-7802. Phone (212) 819-9770. www.siecus.org
- **Sexual Health Network, Inc.:** www.sexualhealth.com
- **Sexuality Education for Adults with Developmental Disabilities:** Planned Parenthood of Northern New England and Green Mountain Self-Advocates. By: K. McLaughlin, K. Topper, & J. Lindert. Order: Phone (1-800) 488-9638 or <http://bit.ly/ppnnecurriculum>. If interested in being trained on how to use this curriculum or another topic related to sexuality and disabilities, you can contact Katherine McLaughlin at 603-352-0934 or katherin@ppne.org
- **Spina Bifida Association of America:** 4590 Mac Arthur Boulevard NW, Suite 250, Washington, DC 20007-4226. Phone: 1-800-621-3141. www.SBAA.org. Preparations: Becoming an Adult Living Successfully with Spina Bifida <http://www.sbp Preparations.org/>
- **Spinal Network.** Nine Lives Press, P.O. Box 220, Horsham, PA 19044. Toll Free (1-888) 850-0344, ext. 109 (Fax 215-675-9376). ISBN 0-9715223-0-8
- **Strong, Safe & Free** Curriculum for Teaching Safe Interaction & Healthy Relationships along with Self-Defense for Adults with Developmental Disabilities. Contact Elly Maloney, Self-Defense Program Coordinator, Sexual Assault Support Services. Phone: (541) 484-9791 x319 or selfdefense@sass-lane.org.
- **The Disability Rag:** Avocado Press, Box 145, Louisville, KY 40201. Phone: (502) 459-5343.
- **The Sex Ed Store:** Many resources for sex educators <http://www.sexedstore.com>

Sexuality Resources – Media

- **Gaby, A True Story:** Movie about young woman with cerebral palsy. <http://www.amazon.com>.
- **Doin' It & Beyond Disability: The Fe Fe Stories:** Sex, Disability, Videotape (Video/DVD) <http://www.beyondmedia.org/catalogue.html>
- **I am A Beautiful Person—Sexuality & Me:** Video for Parents of Teens with Disabilities. Pacer Center, Inc. (952) 838-9000 or www.Pacer.org
- **No! How!:** Film by people with disabilities aimed at others with disabilities—discussing disability, teaching boundaries & body parts. Diverse City Press, Inc. www.diverse-city.com
- **Northwest Regional Spinal Cord Injury System:** http://sci.washington.edu/info/forums/forum_videos.asp
- **Puberty Education for Students with Special Needs: A Girl's/Boy's Guide to Growing Up (DVD), A Girl's/Boy's Guide to Puberty and Personal Safety (DVD) & Parents/Guardians Handbook; Bullying Prevention** resources: Available from MarshMedia (1-800-821-3303) or www.Marshmedia.com (some Spanish versions available)
- **(Sex)abled: Disability Uncensored**-URL: <http://sexsmartfilms.com/free-videos/sex-abled-disability-uncensored>. Available from: https://www.paypal.com/cgi-bin/webscr?cmd=s-xclick&hosted_button_id=9377362 or contact Ama.Hoff@gmail.com
- **Sex, Lies & The Truth:** Focus on the Family Films about Relationships and STD's. <http://www.amazon.com>
- **Take Care Down There:** Video Clips for Young Adults on STD's from Planned Parenthood. www.takecaredownthere.org/
- **The Ethics of Touch:** Establishing & Maintaining appropriate boundaries in service to people with developmental disabilities. Diverse City Press, Inc. ISBN 1-896230-12-1 www.diverse-city.com
- **The Whole Truth:** An abuse Prevention Programme for People with Intellectual Disabilities. (Booklet & DVD). Diverse City Press Inc. ISBN 1-896230-29-6 www.diverse-city.com
- **Under Cover Dick:** Teaching men with disabilities about condom use through understanding—discussion on disease & disease transmission in a concrete way. (Booklet/DVD). Diverse City Press Inc. ISBN 1-896230-04-4 www.diverse-city.com
- **United Spinal Association-Spinal Cord Resources Center:** www.spinalcord.org/ask-us/ Look under **SCI Knowledge Books:** click on Health & Wellness After SCI->Health & Wellness by sub-topic->"Sexual Health & Fertility" & click on Video Resources->Health & Wellness Videos->"Sexuality & Sexual Function"

Young Adult

Website about Internet Chat rooms and safety: www.chatdanger.com

- AbilityOnline-Internet Community: www.ablelink.org
- Disabled Friends Portal: www.disabledfriends.com
- Like It Is: www.likeitis.org
- Youth Center-Youth Living with Disabilities: www.alyouthinfo.org
- Youthhood-Support for Teens: <http://youthhood.org/youthhood/index.asp>

Dating Websites

****Safety Tip:** *It is very important to be careful when meeting someone-especially on line! Don't use your personal e-mail or give out your full name, address or phone number or any other personal information until you get to know the person and have checked that they are safe. If you agree to meet, be sure it is with a friend in a public place that you know. Tell somebody where you are going & when you will be back & take your cell phone with you in case of an emergency. No one assumes liability if you pursue these websites—pursue at your own risk.*

<http://www.dateable.org>

<http://www.dawn-disabled-dating.com>

<http://www.disability-dating.com>

<http://www.disableddatingclub.com>

<http://www.disabledpassions.com>

<http://www.eharmony.com>

<http://www.enablelove.com>

<http://www.lovebyrd.com>

<http://www.match.com/>

<http://www.meetup.com>

<http://www.personals.yahoo.com>

<http://www.specialsinglesonline.com>

<http://www.tall.org>

<http://www.whispers4u.com>

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